



## SENEGAL

### The Land of Teranga

14 Days / 13 Nights



### Your Destination

Head for Senegal for a change of scenery guaranteed by its great diversity of interests that charm you upon your arrival! Capital of a young democratic and modern republic, open to the outside world, Dakar has become a strongly modernised city of skyscrapers, where you not only find all the ethnic groups living in Senegal (Wolof, Fula, Diolas, Lebous...) but also tourists and businessmen. Built on the Cape Verde peninsula, Dakar now has nearly 3,000,000 inhabitants and it is a mixture of traditional Africa and the 21st century.

## Your itinerary

DAY 1:	ARRIVAL AT BLAISE DIAGNE DE DIASS AIRPORT
DAY 2:	DAKAR / ILE DE GOREE
DAY 3:	DAKAR / LAC ROSE
DAY 4:	LAC ROSE / LOMPOUL DESERT
DAY 5:	LOMPOUL DESERT / SAINT LOUIS
DAY 6:	SAINTE LOUIS / PARC NATIONAL LANGUE DE BARBARIE
DAY 7:	SAINTE LOUIS / DAKAR (BATEAU TRANSFERT VERS ZIGUINCHOR)
DAY 8:	ZIGUINCHOR / CAP SKIRRING
DAY 9:	ILES DE CARABANES
DAY 10:	MUSEE DIOLA / ZIGUINCHOR
DAY 11:	ZIGUINCHOR / FIMELA (SOUIMANGA LODGE) EN TRAVERSANT LA GAMBIE
DAY 12:	EXPERIENCE MANGROVES-SALOUM / LAMANTIN BEACH SALY
DAY 13:	SALY
DAY 14:	SALY / AEROPORT BLAISE DIAGNE DE DIASS

## Your Detailed Itinerary

### DAY 1: ARRIVAL AT THE BLAISE DIAGNE DE DIASS AIRPORT/ OVERNIGHT IN DAKAR

You will be met at the Blaise Diagne de Diass airport and transfer to your hotel for the night.

Dinner – If arrival at the hotel is before 10:30 PM

Overnight at Novotel hotel or similar.



### DAY 2: DAKAR CITY TOUR & LUNCH / ILE DE GOREE – DINNER & OVERNIGHT ON THE ISLAND

Buffet breakfast and check-out.

09h00: Depart for the city tour of DAKAR, capital of Senegal, for the famous Plateau district:

- **Musée des Civilisations noires:** Inaugurated on the 6<sup>th</sup> of December 2018, the Museum of Black Civilisations is impressive with its architecture and dimensions. It is dedicated to the history of black people from the beginning of civilisation...

- The **Théâtre National Daniel Sorano**, national scene of Senegal.
- The **Cathédrale du Souvenir Africain**, the largest church in Dakar and the seat of the Archdiocese.
- The **Presential Palace**, historic residence, which was once the residence of the Governor General of the AOF, and later that of the Senegalese Head of State.
- The **Place de l'Indépendance**, the heart of the city, surrounded by most banks and airlines companies.
- The **Monument de la Renaissance**, an imposing bronze and copper monument 52m high, which dominates one of the two volcanic hills of the city. The statues represent a couple and their child.



Lunch at Le Lulu home or similar, on the corniche des Almadies

**Departure to the pier on the island of Gorée with your guide.**

Board the boat bound for Gorée Island, an island steeped in history and witness to the slave trade and slavery, located 4km off the coast of Dakar. The island is classified as a World Heritage Site by UNESCO. 20min crossing time.

Arrival and installation in the beautiful colonial villas and hotels of the historic island...

**Guided tour of the slave house** with its flowery streets and its houses with iron balconies.

After a chain of changing European colonization, the island became from the seventeenth century one of the main bastions of the slave trade. Its buildings bear the traces of a past that is both tragic and sumptuous and exudes a charm that is both bewitching and enchanting.

**Free time** on the lower part of the island, where the port, shops and restaurants are located. You will have the opportunity to go shopping, to art exhibitions and find any kind of local fabric art or sand painting...



Dinner at « Chez Tonton » or similar by the sea.

Overnight on the beautiful island (in the beautiful colonial houses / hotel)

**DAY 3: LAC ROSE DISCOVERY / OVERNIGHT AT CHEZ SALIM HOTEL**

Breakfast and check out.

10:30: Return by boat to Dakar, then transfer to the famous Lac Rose.



Arrival at the Lac Rose camp and check in (subject to availability of rooms).

*The pink lake or Retba Lake is located 30km northeast of Dakar and a few hundred meters from the ocean. Surrounded by dunes and casuarina trees, it is a shallow lagoon whose pink colour, sometimes bordering on purple, is due to the microorganisms that populate its bottom as well as the position of the sun. The salt is collected from the lake and mounted in white pyramids which contrast superbly with the pink of the lake and the blue of the sky....!*

Lunch at the restaurant of the Retba Lake's camp. No drinks included.

You will take a 4x4 vehicle adapted for driving in the sand for a tour of the lake to watch the salt collectors, then continue to the dunes and the beach.



Return to the camp (swimming pool/relaxation/visit)

Dinner excluding drinks at the restaurant with entertainment.

Overnight in hotel « Chez Salim » Lac rose ([www.chezsalim.com](http://www.chezsalim.com))

## DAY 04: LAC ROSE / THIES / LOMPOUL DESERT

Breakfast and check out.

09:00: Departure for the village of Lompoul via Thiès with the discovery of the Manufacturer of Decorative Arts of Thiès.

*It specialises in tapestry and the first tapestry workers who worked there in the early 1960s were trained by Aubusson. Today, the factories include several high- and low-warp workshops where large tapestries are made for public buildings or for a few wealthy collectors. The tapestry cartoons were drawn by Senegalese painters. Most of the themes are inspiration from the traditional Senegalese heritage and depict ancient kings. Some of these tapestries are from modern inspiration.*

Stop for lunch at « Coumba Andal » restaurant.

In the early afternoon, departure for Lompoul village by the boat (depending on the tide) or by road to the Lompoul desert.

Transfer by off-road vehicle from Lompoul village to the most beautiful desert in Senegal.

Arrival and check in at the Lompoul Lodge, located on the sand dunes of the most beautiful desert in Senegal.



If time permits, camel ride on the sand dunes for 15 minutes.

*Stay in the Lodge Tents on wooden stilts, with an individual bathroom with shower, sink and toilet, a terrace on stilts.*

*The Lodge of Lompoul awaits you, an oasis in the middle of the most beautiful desert dunes in Senegal.*

*The brand new Lompoul Lodge invites you on a magical journey. Discover the magic of silence, the unique sunsets over the sand dunes.*

Dinner excluding drinks at the panoramic restaurant under a tent with entertainment around the big fire after dinner.

Night at the Lompoul Lodge

**Website:** [www.horizons-bleus.sn](http://www.horizons-bleus.sn)

## DAY 05: LOMPOUL / SAINT LOUIS

Breakfast and check out.

08:30: transfer to Lompoul village, then board the private air-conditioned vehicle and depart for Saint Louis, located in northern Senegal.

Arrival and lunch at the Flamingo restaurant or similar with a beautiful view of the river. No drinks included.



*Saint Louis: Narrow strip of land sheltered in the middle of the Senegal River; Saint-Louis is a city steeped in history is so beautiful that easily lead to daydream.*

*Former capital of the colonial era, it gives the impression of a city that remained frozen in the last century. Its two-storey houses with wooden or wrought iron balconies, and its verandas, remind the joy of life that one strongly feels when one walks in the streets of the city.*

*You can see there, among other things, the Faidherbe bridge (named after the former governor of Saint-Louis), a real work of art, connecting the continent to the island; as well as a fort dating from the 18th century, and the place of governance...*



Arrival in the afternoon and hotel check in. Saint Louis was the first capital of Senegal. She managed to keep all her charm.

Overnight at Résidence hotel, on the colonial island of Saint Louis.

Dinner and overnight at l'hôtel Résidence ([www.hoteldelaresidence.com](http://www.hoteldelaresidence.com)). No drinks included.

### DAY 06: SAINT LOUIS / Langue de Barbarie / SAINT LOUIS

Breakfast

08:00: Departure for *le Parc National de la Langue de Barbarie*.

*Located 18km south of Saint Louis, the Langue de Barbarie is made up of a long and narrow string of dunes, embroidered with tiny islets. This peninsula between river and ocean is also a nature reserve intended to protect the sea turtles which have adopted this beach, generally deserted, to lay their eggs.*

*Visit the park by motorised canoe, a narrow strip of land located between the ocean and the river, it is home to thousands of pelicans, seagulls, terns...*



Lunch at the restaurant of the Camp, Océan & Savane. No drinks included.

A little free time to relax by the pool or by the river, then return to Saint Louis

Guided carriage ride for a tour of the colonial city of Saint Louis.



Return to the hotel.

Dinner and overnight in Hôtel Résidence. No drinks included.

## DAY 07: SAINT LOUIS / TRANSFER TO PORT OF DAKAR

Breakfast.

8:00 am: Travel by private air-conditioned vehicle from Saint Louis to Dakar with a lunch stop in Thiès.

*Opportunity to visit the village of Ngaye-Mékhé, which specialises in the sale of shoes, bags, belts, etc. made from animal skin.*

Lunch at the Massa Massa restaurant. No drinks included.

After lunch, transfer to the port of Dakar to take the boat.

Between 5:00 p.m. and 6:00 p.m.: Pier of the "Aline Sitoé Diatta" cruise ship (**Passport required**) – **Tuesdays / Fridays**

6:00 pm: Check in on the "Aline Sitoé Diatta".



Dinner on board. No drinks included.

Night on the cruise ship "Aline Sitoé Diatta" in Double or Twin or Single Cabin.

## DAY 08: CRUISE / ZIGUINCHOR – CITY TOUR WITH LUNCH /TRANSFER TO CAP SKIRring VIA MLOMP

Breakfast on board.

Cruise on the river to the quay of Carabane.

Arrival in the late morning in lower Casamance in Ziguinchor, possibility of taking a short tour of Ziguinchor, the capital of the Southern region of Senegal.

City tour of: Ziguinchor - colonial houses, shipyards (canoe factories), St Anthony of Padua cathedral.

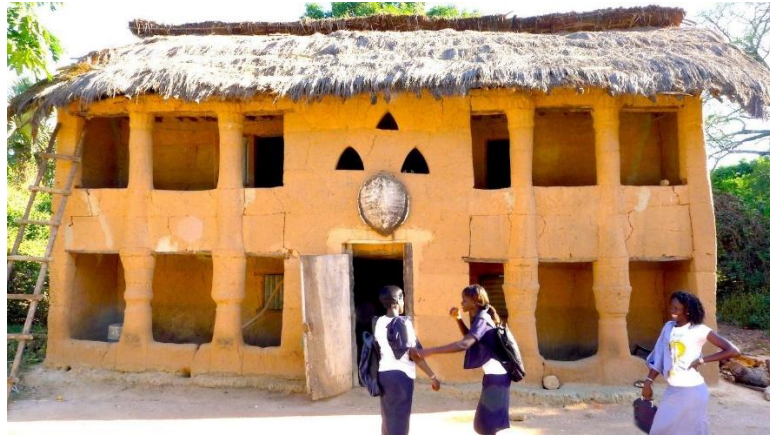
Then check in at the Kadiandoumagne hotel for lunch.



### HOTEL KADIANDOUMAGNE

Lunch at restaurant Kadiandoumagne hotel.

Short relaxation time, then continue to the seaside resort of Cap Skirring, with the possibility of visiting typical Diola villages along the way and visiting the two-storey house of Mlomp.



**The two-storey house of Mlomp**, a unique architecture in its time. A former tirailleur who, during the Second World War in France was seduced by the Parisian buildings, had the idea of doing the same thing at home. Without iron or concrete, the former infantry fought to build his building, without a centimetre of cement. Only with banco; a mixture of raw earth and clay. The framework is made of fan palms, the stakes of mangroves support the slab of the second floor. The whole house is built without foundation or formwork, which doesn't affect the solidity of the building.

About 6:00 pm: Arrival toward the end of the afternoon and check in at the HOTEL HIBISCUS or similar. Dinner excluding drinks at the hotel restaurant. Overnight at HOTEL HIBISCUS (Sea view room)

Website: [www.hibiscus-hotel.fr](http://www.hibiscus-hotel.fr)



**DAY 09: DISCOVERY DAY OF THE ISLAND OF CARABANE BY MOTORISED CANOE WITH VISIT OF VILLAGES & THEIR SCHOOLS / LUNCH AT THE HOTEL**

Breakfast

08:00 am: Drive by private vehicle to Katalalousse, about 10 kilometres from Cap Skirring. Board a motorised canoe and departure for a ride through the “bolongs” to reach the island of Carabane. A quick stop in OURONG to visit its primary school, chat with the populations. Then, continue to the former capital of Casamance.

**Carabane Island:** Bordered to the north by the Casamance River. Used as a counter by the Portuguese and then by the French (from 1836), the island is now little more than a landing stage for cruise ships and the canoes of the fishermen who live on the island.

You will have the opportunity to visit a Catholic mission run by the sisters and an old, derelict Breton church (1892). You will visit the cemetery where the son of Admiral Protêt, who died of a poisoned arrow during a skirmish with the Diolas, was buried standing up.



Lunch in a restaurant near the island of Carabane.  
Little relaxation by the Beach.

In the afternoon return by canoe to Katakalousse via the bolongs. On arrival in Katakalousse, transfer to your hotel.

Dinner excluding drinks at the hotel restaurant.  
Overnight at HOTEL HIBISCUS (Sea view room)

## DAY 10: TRIP TO ECOPARC AND TO THE MUSEE DE SANGAWATT / RETURN TO ZIGUINCHOR

Breakfast l'hôtel HIBISCUS

08:00: Departure for ECO-PARC to discover the lush flora of the region, ECO-PARC of Djembering presents all plant species of the area. Then, the tour goes back to the open-air Museum of Sangawatt which allows you to better understand the life and customs of the inhabitants.



Lunch at the hôtel HIBISCUS

After lunch, return to Ziguinchor via Oussouye with the meeting of the King of Oussouye.

*The king of Oussouye, Sibiloumbaye Diédhiou (Olivier before his enthronement) is always dressed in red and carries in his hand a straw broom, the symbol of his power. His first name means "where is he from?" in Diola. He is called "MANE", His Majesty, when we address him. Customary chief of animists, interpreter of the spirits, a respected figure, he symbolises unity and social cohesion, ensures respect for traditions and settles conflicts in his area, with the help of his advisers, other customary chiefs, and witch doctors.*



*The king sees to it that the people have enough food in their home. He has, in fact, rice fields, cultivated by the some of the villagers, and every harvest is used to help the needy, without distinction of ethnicity, race or religion.*

Around 6:00 p.m.: Arrival in Ziguinchor and check in at the Kadiandoumagne hotel.

Menu dinner excluding drinks at the hotel restaurant.

Overnight at Hotel Kadiandoumagne.

website: [www.hotel-kadiandoumagne.com](http://www.hotel-kadiandoumagne.com)

## DAY 11: TRANSFER TO ZIGUINCHOR/ KAOLACK VIA FARAFENNY IN GAMBIA / LUNCH IN KAOLACK – TRANSFER TO FIMELA

Breakfast

07:00: Departure from Ziguinchor to Kaolack, via Farafenny in Gambia.

Border formality, then crossing of the "Senegambia" bridge for Farafenny.

12:00 p.m.: Stop in Kaolack for lunch at the restaurant Le Relai de Kaolack or similar. No drinks included.

Departure after lunch for Souimanga Lodge hotel in Fimela. ([www.souimanga-lodge.com](http://www.souimanga-lodge.com))

Around 6:00 p.m.: Arrival and check in at Souimanga Lodge

Dinner excluding drinks at the hotel restaurant.

Overnight at Souimanga Lodge.



HOTEL SOUIMANGA LODGE

## DAY 12: MANGROVE EXPERIENCE & LUNCH ON A PLATFORM / MANATEE BEACH SALY

Breakfast at the hotel restaurant

Check out.

10:30 a.m.: Departure for Ndangane to take the canoe.

11:00 a.m.: Arrival in Ndangane

- Discover the Saloum bolong with its mangrove vegetation. Stop for lunch excluding drinks h in the middle of nowhere in the mangroves on a platform with lots of water activities around... Lunch excluding drinks

Free time and swimming; return by canoe and transfer to Lamantin Beach Saly  
Arrival and check in.  
Buffet dinner excluding drinks at the hotel restaurant.  
Overnight at Lamantin Beach hotel ([www.lamantin.com](http://www.lamantin.com)) or similar.



### DAY 13: DAY AT LEISURE AT LAMANTIN BEACH HOTEL

Breakfast at the hotel restaurant

Day at leisure to enjoy the hotel facilities (swimming pool/private beach/gym/Spa...)

Buffet lunch and dinner excluding drinks at the restaurant of the Lamantin Beach hotel.

### DAY 14: DAY AT LEISURE & LUNCH / PM – TRANSFER AEROPORT BLAISE DIAGNE DE DIASS...

Breakfast at the hotel restaurant

Day at leisure to enjoy the hotel facilities.

Buffet lunch and dinner excluding drinks at the restaurant of the Lamantin Beach hotel.

Depending on flight schedules, transfer to Blaise Diagne de Diass airport

### INCLUDED IN THE PRICE

- ✚ Transport by private air-conditioned 20-seater minibus or bus with a professional driver.
- ✚ Accommodation in double and single rooms at hotels and lodges as per the itinerary.
- ✚ Meals excluding drinks as per the itinerary.
- ✚ Local taxes and services.
- ✚ Visits as per the itinerary.
- ✚ Tourist sites entrance fees.
- ✚ English speaking Tourist Guide

### NOT INCLUDED

- ✚ Personal expenses and other expenses not mentioned in the itinerary.
- ✚ Travel insurance
- ✚ Anything not listed in “Included in the price” and Flights to and from Europe.
- ✚ International flights.